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CITY OF LISBON is hiring Public Works General Laborer. Complete job description call 701-683-4140. Email cover letter & resume to kristina@cityoflisbon.net.

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IF VETERINARY CARE is unavailable or unaffordable, ask for Happy Jack® animal healthcare products for cats, dogs, & horses. At

Legislative Report

By Senator Paul Thomas District 6

The 69th Legislative Session is nearing completion. The initial goal from each chamber was to be done by April 30th. As I write my update on May 1st there is hope that we will be able to complete our work by May 2nd or 3rd, however we may be meeting the following week if compromise cannot be found between our Senate and House positions.

One of the conference committees that is taking a significant amount of time to complete deals with property tax relief and reform. On the reform piece, conferees have agreed to a 3% cap and are working out the details on how to implement this provision. What a 3% cap means is that local authorities could not increase their revenue from property tax by more than 3% per year. There is a clause in the bill that does allow a vote of the people in that political subdivision to raise the cap beyond 3% for four years if a majority of local voters decide to do so.

The relief portion of the bill provides increased state payments above the \$500 per primary residence homeowner that has been provided for the last two years. The current Senate proposal is to provide primary homeowners with up to a 75% property tax reduction with a maximum of \$1,650 off their tax bill. This proposal still guarantees the full \$500 credit that homeowners receive and just builds on that. The House position is opposed



to the 75% share and had initially proposed paying 100% up to \$1,450.

Most of the budgets have made it through conference committees, however several remain. The budgets that remain are larger ones and are being adjusted to meet our constituents' needs, still balancing the budget, and allowing funds for property tax relief. These budgets include higher education, K 12 funding, Department of Transportation and the Industrial Commission. The important reminder this time of year is that each Legislator and each District have their priorities. One program is viewed by some as a necessary policy and expenditure while others view their need as equally important. The balancing of these positions is what conferences are all about.

You can contact me at paulthomas@ndlegis.gov and by calling 701 626 2777.

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HAVE A NEWS RELEASE or other information that needs to reach all ND newspapers? ND Newspaper Association can help! One call does it all. 701-223-6397.

Family & Consumer Science News



NDSU EXTENSION
Lesley Jones
McHenry County Extension Agent
lesley.jones@ndsu.edu 537-5405

May is Beef Month!



BBQ-WORTHY BEEF CUTS

Who doesn't love great BBQ? Cook these beef cuts low and slow, slather on a rich BBQ sauce and behold, a new family favorite. Check out www.ndbeef.org for recipes, cooking tips, and more!

Brisket Flat Half: The leaner half of the whole Brisket also known also as the "first cut," this full-flavored meat can be sliced or shredded. This cut is from the animal's breast, so it can be tougher because it is used for movement. Ideal for cooking low and slow on the barbecue or in a slow-cooker. Brisket is also a popular choice for smoking.

Tri-Tip Roast: Boneless and fairly tender with full flavor, this lean cut comes from the Bottom Sirloin. Its distinctive triangular shape gives it the name "Tri-Tip." Roast, grill, or broil then slice across the grain.

Sirloin Tip Roast: Also known as the Round Tip Roast, this boneless, lean cut is a great value. Best when roasted or braised and carved into thin slices.

Bottom Round Roast: Great value and very lean, this cut comes from the Round Primal and is cooked similarly to the Sirloin Tip Roast. Best for oven roasting or slow-cooking and slicing thin.

Chuck Short Ribs: A crowd favorite, known for their richness and meatiness. Beef Short Ribs are from the animal's shoulder area and can be found bone-in or boneless. Flavorful, moist and tender when slow-cooked. Try braising, pressure cooking, or smoking.

Back Ribs: A great value and beef's signature ribs for the BBQ, this flavorful cut is great with a dry rub on the grill. Portioned by the number of rib bones, Back Ribs can be offered as whole or half racks. Expect these ribs to be meatier, larger, and fattier than Short Ribs.

COWBOY BARBECUE SAUCE

Thinking BBQ? Look no further than a few simple pantry items. Add

a Tablespoon of your favorite steak seasoning to boost the flavor!

20 MINUTES | 40 SERVINGS | 20 CAL | 0 G PROTEIN

Ingredients:

- 1 cup finely chopped onion
- 1 cup ketchup
- 1/3 cup packed brown sugar
- 1/3 cup red wine vinegar (or apple cider vinegar)
- 1 tablespoon Worcestershire sauce
- 1/8 to 1/4 teaspoon crushed red pepper

Cooking Instructions:

Combine all ingredients in small saucepan, stirring until sugar is dissolved. Bring marinade to a boil. Reduce heat; simmer 10 to 15 minutes or until desired sauce consistency is reached, stirring occasionally. Set aside until ready to use as a BBQ Sauce.

BEEF SAFE HANDLING TIPS:

- Wash hands with soap and water before cooking and always after

touching raw meat.

- Separate raw meat from other foods.
- Wash all cutting boards, utensils, and dishes after touching raw meat.
- Do not reuse marinades used on raw foods.
- Wash all produce prior to use.
- Cook steaks and roasts until temperature reaches 145°F for medium rare, as measured by a meat thermometer, allowing to rest for three minutes.
- Cook Ground Beef to 160°F as measured by a meat thermometer.
- Refrigerate leftovers promptly.

Sources: <https://www.beefitswhatsfordinner.com/cuts/collection/33336/bbq-worthy-beef-cuts>; <https://www.beefitswhatsfordinner.com/recipes/recipe/275/cowboy-barbecue-marinade-sauce>

Article and Recipe Adapted by: Lesley Jones, Family & Community Wellness Agent, NDSU Extension – McHenry County

CALL FOR BIDS

All Vehicles sold as is **no warranties**, implied or otherwise. Vehicles are in operating order unless noted in the description. Said Vehicle is otherwise sold in "as is" condition and where currently located.

1996 Ford Windstar GL
Green
Odometer: 175,000+

BID will be used in determining the highest bid. If the person fails to pay or make payment arrangements within (7) seven business days, the next highest bidder will be chosen. This process will be used until the vehicle is sold. Early Explorers Head Start has the right to reject any and all bids.

Please mail BIDS to PO Box 419 Towner ND 58788, email: dani.haman@k12.nd.us or drop off at 701 Main St N, Towner ND 58788 on or before May 13th, 2025 at 3:00 PM.

Business & Professional Directory

PUBLIC NOTICE

McHenry County Historical Society will meet on **Monday, May 5, 2025 6:30-8:30 p.m.** 306 Main St., Towner, ND Public welcome to attend.

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