

PUBLIC NOTICE

**Excess Mill Levy**  
**NOTICE OF SPECIAL ELECTION**  
NOTICE IS HEREBY GIVEN that on April 3 at the polling place of the Scott Legge residence in the Township of Brimer, County of Barnes, an election will be held in which the following question shall be submitted to the electors of Brimer Township. Shall Brimer Township levy taxes for a five year period commencing in 2024, which shall exceed the legal limit by \$20,065, so that the taxes levied, instead of being \$20,065 which is the limit authorized by law, shall be \$41,130?

( ) Yes or ( ) No

BE IT KNOWN that the total income of Brimer Township from the first day of January 2024, to the last day of December 2024, was \$58,189 and that the total warrants issued for said period amounted to \$64,136 resulting in a deficit for said period of \$5,947.

BE IT FURTHER KNOWN that the expected expenditures for each year of a five year period commencing in 2020 are roughly equivalent to \$64,136 spent in 2019.

BE IT FURTHER KNOWN that the current tax levy of 18 mills which produced \$20,065 in income in 2024 is the legal maximum but that a 100 percent excess levy is authorized for a five year period. If 60 percent of the qualified electors shall approve the above stated question, the levy shall be increased to be the amount of 18 mills upon each dollar of taxable valuation which increase would have produced \$20,065 in additional income at 2024 valuations.

BE IT FURTHER KNOWN that said election will be opened at 1 o'clock p.m. and will continue open until 3 o'clock p.m. of said April 3.

(March 21, 2025)

FARM

**From 1**

And it wasn't until the 2000s that meatless days came back into the public eye, nearly sixty years later. This time, though, the idea wasn't to conserve food supplies for overseas troops.

Meatless days now are celebrated as a way to cut food spending, on the household level and also at the governmental level: Schools observe meatless days, as do many health institutions, corporate cafeterias, and even some entire cities.

However, when looking at the nutritional lineup, meat reigns king- and who needs the powerful nutritional punch from meat more than kids or people in the hospital?

Meatless days are gaining popularity, but what can you eat instead of meat?

For the same amount of calories (244) in a quarter pound of beef, a person would have to consume about five and a half cups of carrots.

The carrot meal, provided a person could consume 5.5 cups of carrots, would lack protein and iron- about 3.5 times less protein and 5 times less iron- while simultaneously contain 6.5 times more sodium than the meat.

And the two most important nutrients for people recovering from illnesses and growing kids...are protein and iron.

Meatless meals are an insidious way to suggest health at face value while in reality do not offer health benefits, especially to people

in institutions like schools or hospitals.

At home; kids, people trying to recover from illness or trying to keep from falling ill, the elderly, the pregnant or breastfeeding, and the hardworking husband are all categories of humans who would benefit from meals containing meat.

And the other argument that the meatless factor suggests for a reason to exclude meat is the environment- but did you know that vegetables grown industrially use a lot of water and need a lot of chemicals to keep growing?

Carrots need pesticides, fungicides, herbicides, and fertilizer applied to be grown large-scale for sale in a grocery store.

Cows, on the other hand, don't need fertilizer, fungicides, or

herbicides. They may need one application of fly spray (a pesticide) to keep the flies from bothering them too badly during peak fly season, but that's it for chemicals on the cow.

The other argument for abstaining from meat is based on the environment. But, cows are solar-powered just like carrots.

Cows eat grass that's grown by the sun (or hay) and don't need any strange chemicals to grow. Carrots, on the other hand, might take the energy from the sun to grow, but they need fertilizer applied to the ground first, and then a succession of chemicals to continue growing at peak performance.

Ruminants have a much longer history on the earth than industrial farming does-

so why do we blame all the ills of today's society on the elder of the two?.

Meatless days are purported to be a way to save money, but current hamburger patties for sale are \$8.82 for four of them. One bag (of one pound or 2 cups) of baby carrots is \$1.66. But remember, the calorie comparison means that for that one quarter-pound hamburger, a person would have to eat 5.5 cups of carrots- and that would cost \$4.57.

Saving money, on a calorie-by-calorie comparison? Not so much!

The Farm Bureau's Free-Meat Mondays are an excellent way to get the truth of the powerful nutritional punch of meat into the arena of disinformation surrounding our food culture.

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Barnes County is accepting applications for an Equipment Operator II, job opening would be for the Kathryn section shop only. Starting pay will be \$24.84 per hour. CDL preferred, willing to train the right candidate. Position to remain open until filled. Additional information and applications (Barnes County Highway Department Application) available through ND Job Service, www.jobsnd.com or Barnes County website www.co.barnes.nd.us or can be picked up at the Barnes County Auditor's Office, 230 4th Street NW Room 202, Valley City, ND 58072. Applications should be submitted to the Barnes County Highway Department, 1525 12th St. NW, Valley City, ND 58072.

THE BOTTINEAU COURANT official newspaper of Bottineau County is looking for a full time office and advertising manager. Responsibilities include creating and designing advertisements, sales and communication with clients. Send resume to Strand Agency. Attn: Stacy, 521 Main Street #3, Bottineau, ND 58318.

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Upcoming Meeting

**NOTICE OF ANNUAL TOWNSHIP MEETING**

Election of Officers And Any Other Business Brought Before The Board

**MANSFIELD TOWNSHIP**

**WEDNESDAY-March 26, 2025**

**7:00PM**

*Open Country Lodge*

*9678 35th St SE, Spiritwood, ND*

Miscellaneous

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