

# Down Memory Lane

## Taken From The Promoter Files

**TEN YEARS AGO**  
**Wednesday, Sept. 9, 2015**  
**New Preschool Opens In Stanley-** A second preschool has opened in Stanley at the River of Life Church, adding to the available spaces already provided by Wee Care Learning Center at the American Lutheran Church. Director/Teacher Jennie Cornett says that Streams of Living Water Preschool will help meet the needs of children in the area. Licensed for ages three to six, she says that they are only taking four-year-olds in an effort to help get them ready for kindergarten. With Wee Care always full, she says she saw the need for another preschool in Stanley.

**Longmuir Receives Achievement Award-** Mountrail County Emergency Manager Don Longmuir was awarded one of three 2015 Achievement Awards at the ND Emergency Management Conference in Bismarck last week. The awards were presented during the conference banquet on Thursday, Sept. 3. This award recognizes the outstanding performance of those Emergency Managers who have gone above and beyond the scope of duty in serving their counties.

**FIFTEEN YEARS AGO**  
**Wednesday Sept. 8, 2010**  
**Wee Care Learning Center Hires New Director-** Michelle Wenger of Stanley will be just the third director for Wee Care Learning Center in Stanley as it enters its twenty-sixth year, following in the footsteps of first Sondra Will and then Jill Nohr who retired at the end of last year.

**Stanley Ambulance To Hold Open House-** Stanley's Volunteer Ambulance Service will be holding an open house at their new building as part of Fall Appreciation Day on Friday, Sept. 10. Visitors can walk through the facility and visit with the ambulance members who will be able to answer any questions on the new building.

**Bethel Home To Celebrate 50th Anniversary-** On Sunday, Sept. 19 Mountrail Bethel Home invites you to help celebrate "50 Years of Helping Hands" with an open house and the annual Auxiliary Bazaar. Mountrail Bethel Home started in March of 1957 as a committee was formed to start the fundraising drive for a new "retirement home".

**TWENTY-FIVE YEARS AGO**  
**Wednesday, Sept. 6, 2000**  
**Guthmiller Is Miss N.D.-** Michelle Guthmiller of Palermo was crowned Miss North Dakota USA following competition held Sunday,

Sept. 3 on the Bismarck State College campus.

**Bratton Gets MA Degree-** Brenda (Craft) Bratton received her Master of Arts degree in Clinical Psychology with a GPA of 4.0 from Minnesota State University on May 13. Bratton is a 1993 graduate of Stanley High School.

**Redmer Wins Camper-** Buzz Redmer of Tioga was the winner of the Viking camper given away Saturday, Sept. 2 as part of Market-Foods' 25<sup>th</sup> Anniversary.

**THIRTY YEARS AGO**  
**Wednesday, Sept. 13, 1995**  
**Fund Receives Boost-** Stanley Bleachers Fund, which was set up to provide funds for the construction of new bleachers at the High School, recently received a substantial financial donation of \$6,000.00 from Coca-Cola Company of Minot.

**Receives Award-** Gary Martens was awarded the NDVA Young Educator in Outstanding New Vocational Teacher Award and the NDVA Young Educator in Agriculture Education recently in Bismarck.

**Weather-** A total of about one and a half inches of rain fell in the past seven day reporting period, including almost an inch last Tuesday. Temperatures were on the cool side, with highs mostly in the 60s and lows dropping into the 30s including the first below freezing mark early Friday morning.

**FORTY YEARS AGO**  
**Thursday, Sept., 11 1985**  
**New Teachers-** Two new teachers at Stanley Schools are Dick Solberg and Rita Sweet. Solberg is the new counselor at the High School and Sweet works in the Resource room at the Elementary School.

**Businesses Increase-** The number of businesses in North Dakota grew 13.7% between 1980 and 1983. Meanwhile the number of employees in the state decreased 1.2% and total payroll dollars increased 20.6% according to the latest population bulletin from the Census Data Center at North Dakota State University.

**Wins Scholarship-** Judy Linster, daughter of Carol and Bill Linster of Stanley, has been chosen the recipient of the annual Mountrail County Homemaker Scholarship.

**FIFTY YEARS AGO**  
**Thursday, Sept. 10, 1975**  
**New Agent-** Starting work in Stanley September 1 as the new State Farm Life Insurance Agent for this area is Harry Grantham, a native of McLean County and a former State Highway Patrolman.

**Against Era-** A recent North

Dakota weekly newspaper poll was taken in which 51% of the voters expressed opposition to the Equal Rights Amendment, 28% favored it and 20% are undecided.

**Teacher Of Year-** Leonard Larshus, Bismarck, former Ag teacher in Stanley, was named the Post-Secondary Teacher of the Year at the recent meeting of the North Dakota Vocational Agriculture Association.

**SIXTY YEARS AGO**  
**Thursday, Sept. 9, 1965**  
**Kindergarten-** The kindergarten class taught by Mrs. Warren Paulson in the American Lutheran Sunday School basement, started on Tuesday, Sept. 7 with 27 children enrolled.

**Meeting-** There will be a special meeting Friday, Sept. 17, at 8 p.m. in the Bowbells Memorial Hall, explaining the legislature tax package. Sen. Clark Van Horn of Parshall will be guest speaker.

**Delay-** Continued cold, damp weather has delayed harvest most of the past week. Some farmers were trying to combine a little last Friday and again Monday and Tuesday, but the grain was hardly fit.

**SEVENTY YEARS AGO**  
**Thursday, Sept. 8, 1955**  
**Fish-** State Game and Fish Department biologists recently have stocked an estimated 2,000 fish in the city-owned pump station reservoir on the eastern outskirts of Stanley.

**Closing-** The Mountrail County ASC Office will no longer remain open Saturdays for the issuance of marketing cards.

**Man Taken Off Train Dies-** A 45 year old man from Philadelphia became ill last Saturday while riding the Western Star passenger train enroute to Portland. He was taken off the train at Stanley and rushed to the local hospital where he remained in a coma until passing away on Sunday.

United Quality Grain Markets	
<i>(Monday's Quotes)</i>	
Spring Wheat .....	4.77
(Based on 14%)	
Spring Wheat .....	4.85
(Based on 15%)	
Winter Wheat .....	3.92
Milling Durum .....	5.75
Canola .....	17.97
Flax .....	13.00
Soybeans .....	8.73



**Grow, Lead, Thrive: 4-H Registration Opens September 16!**  
Whether you are a budding scientist, a creative artist, a future agriculturist, or just curious to explore something new, 4-H is calling your name... and the time to answer is now!

Starting **September 16**, both **new and returning members** can register for the upcoming 4-H year through **4-H Online**, the official portal for enrollment. With hands-on projects, leadership opportunities, and lifelong friendships, 4-H is more than just a club, it's a launchpad for personal growth.

Why join 4-H?  
Learn by doing: Dive into projects from STEM to Livestock to Creative Arts and much more!

Build leadership skills: Lead meetings, mentor peers, and speak up.  
Serve your community: Participate in service learning projects that make a real impact.

Make friends for life: Connect with kids who share your passions!  
How to Register:  
\* Visit 4-H online starting **September 16**

Enrollment helper guide can be found on our Mountrail County website for NDSU Extension (<https://www.co.mountrail.nd.us/pages/ndsu-extension>) under 4-H & Youth- Enrollment & Volunteers>ENROLLMENT & What is 4-H Info: (or use this direct enrollment link at: <https://www.co.mountrail.nd.us/subpage/50>)

\* Select your projects and submit your enrollment  
2025-2026 Project Guide along with project enrollment guide is under **PICK YOUR PROJECT**: <https://www.co.mountrail.nd.us/subpage/50>  
Mark your calendar, spread the word, and get ready to grow with 4-H!

**Now Is The Best Time To Improve Your Lawn**  
in Dakota Gardener by Tom Kalb, NDSU Horticulturist

Do you want to have a great lawn? If yes, it is time to get busy. Early September is the optimal time for fertilizing.

Now is the best time of the year to fertilize your lawn. The secret to a great lawn is a strong root system, and lawns develop most of their roots in the fall.

Nitrogen is most important for turf growth. Look for a fertilizer

# The County Clover

By Lynnette Vachal  
Mountrail County 4-H Youth Development Extension Agent

that has over 20% nitrogen. Select a fertilizer with slow-release nitrogen. This will gradually feed the grass until the ground freezes.

Do you have bare spots in your lawn? Now is the best time to sow grass. The ground is warm and the seeds will germinate quickly.

Choose a quality seed mix that contains a blend of grasses. Most seed mixes include varieties of Kentucky bluegrass, fine fescues, and perennial ryegrass. Each of these grasses have strengths and weaknesses that complement each other.

The strengths of Kentucky bluegrass are that it is hardy and will develop a thick, attractive turf. The weaknesses of Kentucky bluegrass are that it cannot tolerate shade or salty soil.

This is where the fine fescues may help. They tolerate shade and salt much better. Fine fescues are a group of grasses that include chewings red, creeping red and hard fescues.

The problem with bluegrass and the fine fescues is that they may take two to three weeks to germinate. This is why we include perennial ryegrass in the mix. It germinates within five days and will stabilize the soil until the other grasses germinate.

Sow your seed by September 15 to make sure it gets established before winter arrives.

If you prefer sodding over sowing, now is the best time to lay sod. Sod grows actively in the fall and will quickly knit into the ground.

Do you have weeds in your lawn? Fall is the best time to kill perennial weeds such as dandelion, creeping Charlie, thistle and clover.

The key to killing weeds is to get the herbicide down into their roots. As days get shorter, weeds will begin channeling their nutrients down into their roots to prepare for winter. This is great, because a herbicide sprayed on a weed in fall will naturally be channeled down into the weed's root system, killing the entire plant.

Mid-to-late September is the optimal time to control weeds.

Now is the best time to aerate, too. Aerated lawns will respond with vigorous root growth until the ground freezes. Many gardeners overseed immediately after aeration. If overseeding, do this by mid-September.

Fall is the best season to improve your lawn. A little attention to your lawn now can lead to a thick, beautiful lawn next spring.

Dakota Gardener articles can be found: <https://www.ag.ndsu.edu/news/columns/dakota-gardener/>.

**Farmers and Ranchers Encouraged to Manage Stress During Harvest Season**  
by Sean Brotherson in NDSU Agriculture Communication  
Piled-up stress during harvest season can lead farmers and ranchers to develop physical or mental health issues, but they can take steps to reduce stress and create healthy ways to manage it, says a North Dakota State University Extension expert.

"Farm and ranch families often experience pressure, conflict and uncertainty, especially during harvest season, weather challenges or due to other farming concerns," says Sean Brotherson, Extension family science specialist. "If feelings of frustration and helplessness build up, they can lead to worrisome problems involving spouses or partners, children, parents and other relatives. If left unresolved, these feelings can lead to costly accidents, poor decisions, strained relationships, health concerns and risks, including suicide."

Using strategies such as controlling events, attitudes and responses can help manage symptoms of stress, according to Brotherson.

"Farmers, ranchers and their family members and employees can learn to manage their stresses well, even during harvest season or other times of difficulty," he says. "The key is to be flexible and maintain a balanced lifestyle. Make time daily to take care of yourself because your work is vital to all of us. Your health is your most important asset on your farm or ranch operation."

To help manage stress, Brotherson suggests:

**Taking control of events by planning ahead.** Discuss with can be available to help before key seasons or decisions arrive. Make time to set priorities so you can focus on what needs to be done today and what can wait.

**Taking control of attitudes that influence you.** Identify the sources of stress you have, and which ones you can and cannot change. Shift your focus from worrying to problem-solving. Notice what you have achieved rather than what you did not accomplish. Set goals and daily expectations that are realistic. How you view a situation is a key factor in creating or eliminating stress.

**Controlling your responses to stressful conditions.** When feeling stressed, take a break and focus on relaxing your body and mind. Take multiple deep breaths slowly and let go of unwanted stress. Think positive thoughts, balance work and play, find someone to talk to and seek help when you need it.

Brotherson encourages farm and ranch family members to get additional resources at [www.ag.ndsu.edu/farmranchstress](http://www.ag.ndsu.edu/farmranchstress) and talk to trusted friends or associates, such as pastors or counselors, or call North Dakota's 9-8-8 help line.

# Coming Events

Thursday, Sept. 11 - Stanley Farmers Market from 5 to 7 p.m. in Wilson Park. This will be a friends first market.

Thursday, Sept. 11 - Stanley varsity volleyball at home vs. Berthold with A, B and C set to play starting at 5:00 p.m.

Thursday, Sept. 11 - Parshall Ambulance Service meeting at 7:00 p.m. at the ambulance building in Parshall.

Friday, Sept. 12 - Steve Leslie presents the music of James Taylor at 7:00 p.m. at the Sibyl Center in Stanley.

Friday, Sept. 12 - Stanley varsity football vs. Tioga at 7:00 p.m. This game will be played on the Stanley High School football field due to Tioga field conditions.

Friday, Sept. 12 - Alcoholics Anonymous meeting at 8 p.m. at the American Lutheran Church, 403 1st St. SW in Stanley. They meet each Friday and Monday at 8 p.m.

Saturday, Sept. 13 - Stanley Commercial Club's Grapes and Grains starting with registration at 5 p.m. at the Five Spot Bar and walk starting at 6:00 p.m.

Sunday, Sept. 14 - 85th birthday open house for Carol Moen Johnson at 2:30 p.m. at Rosen Place in Stanley.

Monday, Sept. 15 - Plaza City budget hearing at 6:30 p.m. in the Council Chambers.

Monday, Sept. 15 - Alcoholics Anonymous meeting at 8 p.m. at the American Lutheran Church, 403 1st St. SW in Stanley. They meet each Friday and Monday at 8 p.m.

Tuesday, Sept. 16 - Great Plains Mobile Food Bank in Mandaree at Water Chief Hall from 12:30 to 1:30 p.m. and the Northern Lights Community Center in New Town from 3:30 to 5:00 p.m.

Tuesday, Sept. 16 - Dakota Hope Clinic fundraising banquet at the Tioga Community Center. Doors open at 5:30 p.m. and dinner at 6:30 p.m.

Tuesday, Sept. 16 - Stanley varsity volleyball at home vs. Nedrose with A, B and C squads set to play starting at 5:00 p.m.

Wednesday, Sept. 17 - Great Plains Mobile Food Bank in Parshall at North Country Oil from 4:00 p.m. until supplies are gone.

Wednesday, Sept. 17 - Charles Hartman Post 134 monthly meeting at 7:00 p.m. in the Veterans Room at the Memorial Building in Stanley.

Friday, Sept. 19 - Stanley varsity football at home vs. Bishop Ryan/ORCS at 7:00 p.m. This is the Homecoming game.

Saturday, Sept. 20 - Larry Gatlin and South of Mason at the Sibyl Center in Stanley at 7:00 p.m.

Sunday, Sept. 21 - Back to Church Sunday at the American Lutheran Church in Stanley at 10:00 a.m.

Monday, Sept. 22 - Open House at the new CTE addition at Stanley High School from 5:00 to 7:00 p.m.

Tuesday, Sept. 23 - Mountrail County Garden Club meeting at 5:15 p.m. at the Mountrail County South Complex in Stanley.

Saturday, Sept. 27 - Stanley Farmer's Market's Harvest Festival from 10:00 a.m. to 3:00 p.m. at the Mountrail County South Complex. Please note change of location this year!

Saturday, Sept. 27 - American Lutheran Church to host gospel group Adams Voice starting with a meal at 5 p.m. and concert at 6 p.m.

Wednesday, Oct. 1 - Stanley Commercial Club meeting at noon at Microtel Inn and Suites in Stanley

Monday, Oct. 6 - Rolling Plains Sportsmans Club monthly meeting at 7:00 p.m. at the clubhouse in Stanley.

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**Stop and see us during the evening on Saturday, Sept. 13 during Grapes and Grains**

# Prairie

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Check out the rest of our inventory at [www.prairieford.com](http://www.prairieford.com)