## Golden Valley Manor News by Mary Barthel

Dec. 9 - Monday afternoon Kristy Olstad was here to share her lefse making talents with us. Bringing her hot plate, she spent the afternoon rolling, frying and giving us all a delicious taste of her Norwegian heritage. She was also gracious enough not only to send us home with full tummies, but to send lefse with each resident who wanted extra to enjoy through the week. John visited Jim and Marci.

Dec. 10 - Exercises were held Tuesday at 10:30 a.m. in the activity room. We celebrated the December birthdays at 2 p.m. Linda Tvedt was here to share her musical talents with us singing Christmas songs. Carrie Marman made a delicious red velvet tiered cake with cream cheese frosting with cream cheese chips. Devotions were held in the chapel in the evening with Pastor Ahrendt. Bob visited his parents, Jim and Marci.

Dec. 11 - The community vans took our resident shoppers downtown to get their

groceries and to run their weekly errands Wednesday morning. Bingo with St. John's Catholic Church was held at 2 p.m. Our hosts were Yvette, Karen, Rosemary and Janet. The lucky blackout winners were Elaine, Colleen and Mae. A banana cake made by Sarah was served with coffee when the games were done. Bible Study was held in the activity at 7 p.m.

Dec. 12 - Fr. Vetter was here to celebrate Mass in the chapel Thursday morning. Vera substituted for Mary for exercises at 10:30 a.m. Today was the last day of our "12 Days of Christmas" online Facebook auction. The support given to us was totally amazing. We listened to Christmas music and enjoyed cookies and coffee in the afternoon.

Dec. 13 - Friday is hair day. Our hair lady volunteers were Toni and Rosemary. The afternoon social was held in the gathering room at 2 p.m. Virginia visited Elaine.

Dec. 14 - Reading

Hour was held at 2 p.m. with Aleta covering for Jo. Delicious coconut cookies were served when the reading was done. Laureen visited her mother, Elaine and uncle and aunt, Jim and Marci. John also visited Jim, Marci and Elaine.

Dec. 15 - Communion was distributed in the chapel Sunday morning. The kitchen served a ham dinner with scalloped potatoes, corn casserole. pickled beets and a dinner roll. Lemon pie was the dessert. **Grace Church Praise** Band entertained us at 2 p.m. A beautiful arrangement of Christmas music featuring guitars, violins, ukulele, piano, a drum box and their beautiful voices was shared with us. Members of the church and community joined us for the fun event. Coffee and cookies were enjoyed throughout the concert. Bill and Darlene spent time with Elaine.

Keep those smiles on them faces, because those who spread smiles bring happiness and positivity to others, creating a contagious atmosphere of cheerfulness to those around them. Small acts of kindness can brighten these winter days!

## Manor Resident Profile - Marian Chrudimsky



This week we interviewed Marian Chrudimsky. Marian and her husband, Herb lived in the Wibaux area until Herb passed away. Living by herself for a few years found Marian lonely and she felt the need for company. So, in November 2022 she decided to give the Manor a try.

Marian likes all the activities offered at the Manor and takes part regularly. Not a fussy eater, she says

she enjoys all the food served here and enjoys the noon meals provided.

Marian says she has had not a single complaint in the two years she has lived at the Manor.

This profile sponsored by



Beach, ND 872-2800

### NOTICE OF ANNUAL MEETING

The Annual Meeting for Golva Repair will be held Mon., January 6, 2025 in the Golva Bar meeting room.

Supper is at 6 p.m., followed by the meeting.

Justin Maus

(Published Dec. 19 & 26, 2024 & Jan. 2, 2025)

## SENTINEL BUTTE CITY COUNCIL REGULAR MEETING MINUTES

**SENTINEL BUTTE** CITY COUNCIL **MEETING MINUTES Unofficial Minutes** Subject to Council Review December 9, 2024

Mayor Jason Lee called the meeting of the Sentinel Butte City Council to order on December 9, 2024 at 7:05 pm. Present were Mayor Jason Lee, Auditor Faith Van Horn, Alderpersons Burt Cook, Denise Dietz and Jennifer Morlock. Guests Sue Feldman. Marnie Dietz, Mike Van Horn and Gary Howard. Absent was Alderperson Fred Lovell.

City Council Meeting Min-utes from November 11, 2024 were read and approved as

#### **Department Reports:** Lagoon/Landfill/Streets

- Street signs need to be replaced. Discussion of the la-
- Grounds Nothing new to
- Water/Sewer Waiting on

- new water meters to be replaced
- Buildings Nothing new to report.
- Discussion
- · Fire Chief Mike Van Horn presented ordinances and documents about open burning in city limits. Discussion of resident wanting burn pit in city
- · Denise Dietz made motion to approve Olson Service 2025 liquor license. Jennifer Morlock seconded. Motion passed.
- Denise Dietz made motion to approve DPC 2025 annual inspection. Burt Cook seconded. Motion passed.
- Denise Dietz made motion to pay TMS when projected is completed, minus the late fee. Burt Cook seconded. Motion
  - Discussion of grants.
- · Burt Cook made motion to transfer \$2,500 from FSB money market account to checking account. Jennifer Morlock seconded. Motion passed.

- · Denise Dietz made motion to transfer \$12.856.71 from BMO money market account to checking account. Burt Cook seconded. Motion passed.
- · Discussion of step in City

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Bills presented f	or payment
Auditor Wages	\$507.92
MDU	\$976.19
TMS	\$26,954.20
City of Beach	\$117.00
Olson Service	\$215.00
RTC Networks	\$145.00
SW Water Authority	.\$2,440.18
GS Publishing	\$113.40
Jandt Plumbing	\$3,907.68
Polar Trucking	\$4,973.75
SW District Health	\$25.00

Burt Cook motioned to approve payment of bills. Jennifer Morlock seconded. Motion carried.

Denise Deitz motioned to adjourn meeting. Burt Cook seconded. Meeting adjourned at 8:03 pm.

Respectfully submitted, Faith Van Horn, Auditor (Published Dec. 26, 2024)

# A Step Back in Time By Troy Tescher

100 Years Ago

Sentinel Butte Review, Dec. 26, 1924: C.P. Reed has been navigating with difficulty during the past few days owing to a sprained ankle, which he sustained while engaged in furiously shoveling coal into the furnace during the cold snap. T.A. Davis, cashier of the First State Bank at Golva, said, "We are on a safe and solid foundation here because the whole county has gone into dairy." The ample figures show the amount of cream checks cashed during the month of May since 1918, which are as follows: 1918 - \$476.17 as a low to 1924 - \$3,383.04 being a high figure. Announcements: We have out coal mine

open with a man in charge at all times. Get your coal while the roads are good. N.W. Runions - Your coal bin empty? Better have it filled before the real winter weather sets in! \$2.50 per ton delivered in town. Leonard Trester, phone Maple 73.

#### 75 Years Ago

Golden Valley News, Dec. 22, 1949: With the capture of John Hopkins of Glendive, the mystery of who helped themselves to a truckload of wheat belonging to Ed Slater, plus August Brockmeyer's flock of chickens and turkeys, and tools from the Niece farm west of Beach where the Don Marman family lives, has been solved. Hopkins, who reportedly just completed a year at Red Lodge for stealing a steer, was sentenced to 14 years in the Montana State Penitentiary. Miss Madeline Jones purchased Harriet's Beauty Shop from Mrs. Harriet Tisor and has had the equipment moved to her home on the southside, where she is now open for business. The National Park Service is studying the possibility of restocking the Badlands with buffalo, antelope, elk and maybe big horn sheep in the Theodore Roosevelt National Park. It would require many miles of fence along outside boundaries to keep them from roaming away.

#### 50 Years Ago

Golden Valley News, Dec. 26, 1974: Over 200 people enjoyed pancakes and sausage or ham sandwiches at the noon luncheon at the Masonic Temple last Saturday sponsored by the GVC Historical Society. Officers helping prepare and serve were Harold Feldhusen, president; Walt Mattson, director; and Greg Decker, vice president. Over 1,400 area residents registered at the 25th annual Christmas open house at the Farmers and Merchants Bank in Beach on Saturday.

#### 25 Years Ago

Golden Valley News, Dec. 23, 1999: Letters to Santa from Beach and Golva area youth: Dear Santa, How are you? I am not so good because I went to the dentist and it cost alot of money for my parents, I would like some money please. Love, Brielle Ekre. Dear Santa, I would like a toy car. But I want world peace. Sincerely, Michael Olstad. Santa, I want a remote control car and a CD player. I have been nice Santa, not a pain in the butt. Love, Alex Barthel. Dear Santa, Please try to bring me a fish. What time should I look up in the sky for you? I saw another Santa in Bismarck, and didn't know if it was you or not. Jill Rising.

#### Quote of the Week:

"There are three kinds of men. The one that learns by reading. The few who learn by observation. The rest of them have to pee on the electric fence for themselves.' - Will Rogers

## WINNING ESSAY

Continued from Page 1

particularly how they never had to travel far to get anywhere or anything they wanted. I told myself that when I was older, I would move to a huge city somewhere and never look back.

That all changed when news of the virus outbreak hit. Time moved differently then, and it seemed like one minute, Covid 19 was an unfortunate outbreak affecting only Wuhan, a city in China that no one here had ever heard of. The next minute, it was a global epidemic, causing mass panic and claiming the lives of thousands. Our small grade school was

quickly shut down, "but for only two weeks, they initially said. At first, no one knew exactly what we were dealing with. No one, at least in our lifetime, had seen anything like this. Those two weeks eventually turned into six weeks, which felt, honestly, nothing less than awesome at the time. The excitement of not going to school was dampened, however, as the death toll across the world reached the millions. Although I didn't realize it at the time, the time spent out of the classroom took a toll on my learning progress. I have always struggled

with mathematics, and six weeks of virtual learning, or in my experience, "minimal learning," set me back in ways that are still affecting me today.

Ever since the lockdown, I began noticing myself viewing life around me with a different lens. I heard the horror stories of people in large cities who were unable to leave their houses or apartments. I had access to endless open land no one could stop me from exploring. in some places, people weren't able to go shopping for necessities, while we had plenty of resources on hand, as those who live in the middle of nowhere are used to doing. And all the kids in those big cities, whose schools were shut down much longer than ours. The whole experience opened my eyes as to how lucky I am to live where I do. Now, instead of complaining, I always try to find the good in everyone, the positive in every situation. I have learned that you can't control what kind of cards life deals you, but the way you handle it is completely up to you.

## Elder Care Meals served at Buzzy Cafe in Beach

~ Substitutions may be made due to availability of foods. ~

Thur., Dec. 26: Soup, sandwich, vegetables,

Fri., Dec. 27: Tater tot hot dish, fruit.

Mon., Dec. 30: Beef stew, fruit. Tues., Dec. 31: Shrimp tacos, rice, fruit.

Wed., Jan. 1, 2025: CLOSED in observance of New Year's Day.

~ All meals served with whole grain bread and milk. ~ **ELDER CARE OFFICE: 701-456-1818**